



Vinyasa Yoga Teacher Training with Dolly Stavros

APPLICATION PROCESS:

Submit completed application (below), either by mail or e-mail, with your deposit to Asmi Yoga, Inc. Remaining tuition is due two weeks prior to the date training starts. If desired, contact Dolly by telephone or e-mail to discuss the curriculum, or to determine if this program is right for you! Acceptance is on a first come basis and your deposit will be processed upon acceptance.

CANCELLATION POLICY:

Deposits and/or tuition will be refunded (minus a \$150 holding fee) if you cancel before training begins. Once training starts, no refunds will be given.

PARTICIPATION & CERTIFICATION POLICY:

Full class participation, successful completion of the assigned curriculum and self-study are required to receive your Asmi Yoga certificate of completion. If it is necessary to miss any training sessions, the hours can be made up with Dolly at the rate of \$75 per hour. Please do everything possible to attend every session! There will be short reading and writing assignments, to be completed outside of the daily trainings.

BOOKS REQUIRED BY STUDENTS:

Students are required to have the appropriate books prior to the start of the first day of class. See page two for course textbook requirements. One Asmi Yoga training manual will be provided for each student.

Name: _____

Address: _____ City: _____

State: _____ Zip: _____

Phone: _____ Email: _____

Signature: _____ Date: _____

I accept the tuition, curriculum, certification and cancellation policies for this program, and give Asmi Yoga permission to use my photograph, image or any videos taken during training for training purposes and/or promotional use, without compensation.

Application continued

1. Describe your current practice. Why do you practice yoga?
2. Why do you want to attend teacher training? What do you hope to experience?
3. List two qualities about yourself that you are proud of.
4. List two qualities about your personality that you'd like to change.
5. Do you have any concerns or fears about doing teacher training? If so, what are they?
6. Please let me know anything about you that might affect your ability to participate fully in this training (pregnancy, injuries, medications, fears, etc.)

REQUIRED BOOKS:

Laws of Spirit, by Dan Millman. Est cost = \$10. Please read this prior to beginning training.
Meditations From The Mat, by Rolf Gates. Est cost = \$10.
Heal Thyself, by Saki Santorelli. Est cost = \$10.

The Key Poses of Hatha Yoga (Volume II), by Ray Long. Est cost = \$42. It is available from www.bandhayoga.com. This book is needed for the 10-weekend training, the 26-day intensive, and Module II and III (not Module I.)

Application continued

MARK THE DESIRED COURSES

MODULE TRAINING PATHWAY

Tuition \$775 ea. Deposit \$300 ea.

Module I ~ Start Date: _____ Location: _____

Tuition \$775 ea. Deposit \$300 ea.

Module II ~ Start Date: _____ Location: _____

Tuition \$775 ea. Deposit \$300 ea.

Module III ~ Start Date: _____ Location: _____

26-DAY INTENSIVE PATHWAY

Tuition \$2,300 Deposit \$300

26-day Training Intensive ~ Start Date: _____ Location: _____

10-WEEKEND PATHWAY

Tuition \$2,300 Deposit \$300

10-weekend Training ~ Start Date: _____ Location: _____

Name: _____ Date: _____ Amount Included: _____

Checks and all major credit cards accepted. Make checks payable to Asmi Yoga.

SUBMIT BOTH APPLICATION & FEES TO:

Asmi Yoga, Inc.
911 SE Armour Road
Bend, OR 97702

Phone: 541-331-6581
Email: Dolly@asmiyoga.com
Web site: www.asmiyoga.com

Credit Card Authorization Form

Use this form, or call to pay by credit card.
541-331-6581

Name of Training Course: _____

Date of Training: _____

Amount to be Charged: _____

Card Type: _____ VISA _____ MC _____ AMEX _____ Discover

Credit Card Number: _____

Expiration Date: _____ *Month* / _____ *Year*

Security Code (*last 3 digits on back of card*): _____

Name on Credit Card: _____

Credit Card Billing Address: _____

City: _____ State: _____ Zip _____

Phone: _____ Date: _____

Purchaser's Name (*print*): _____

Purchaser's Signature (*sign*): _____

By signing this form I affirm that I am authorized to use the above credit card,
and agree to accept full responsibility for all authorized charges.

Agreement to terms of training Asmi Yoga, Inc.

I understand that the Asmi Yoga curriculum follows the criteria put forth by the Yoga Alliance and that upon completion of my training with Asmi Yoga, I will be eligible to apply for certification with the Yoga Alliance.

I understand that once teacher training begins, my deposit and tuition are non-refundable if I should choose, for any reason, to withdraw from the program.

I understand that if I need to miss any of the training sessions, it is my responsibility to make up the missed hours. If Dolly's presence is required for this, it will be at an additional cost of \$75 per hour. I also understand that I will not receive a certificate of completion from Asmi Yoga until all missed sessions are made up.

I agree to show up on time for all scheduled sessions, to participate fully and with presence, to engage in all scheduled exercises and to help create a supportive, nurturing atmosphere for myself and my peers.

I agree to communicate with Dolly if I am experiencing an issue that prevents me from participating fully in the program. Examples are physical injury that might affect my ability to practice, emotional issues that affect my ability to be fully present, etc.

I agree to respect the privacy of my peers by keeping information, conversations and issues confidential and within the spectrum of our training program. I know they will do the same for me!

I agree to and understand the above:

Name

Date